

## 8 Hour Safety Awareness

### 8 HOUR COURSE:

- Introduction to OSHA/Safety
- H2S
- Respiratory Protection
- Hazard Communication
- Hearing Protection
- Fall Prevention
- Fire Prevention/Fire Extinguishers
- Confined Space Entry Awareness
- Flammables and Combustibles
- Defensive Driving
- Basic Electrical Safety Awareness
- Hand Held/Power Tools
- Back Safety
- Lockout/Tagout
- PPE
- Bloodborne Pathogens
- Incident Prevention—Signs and Tags
- Optional—Fit testing
- Optional—Donning & Doffing SCBA



Building a World-Class Workforce  
in North Dakota

## 24 Hour New Hire

### 24 HOUR COURSE:

#### Day One:

- Introduction to OSHA/Safety
- Oil & Gas Terminology
- Personal Protective Equipment
- Hazard Communication
- Incident Prevention Signs & Tags
- Back Safety
- Hearing Protection
- Temperature Extremes
- Access to Medical Records

#### Day Two:

- Fire Extinguishers/Fire Prevention
- Flammables & Combustibles
- Pressure Safety Awareness
- Fatigue Awareness
- H2S
- Respiratory Protection

#### Day Three:

- Hazardous Material Awareness
- Electrical Safety Awareness
- Fall Protection/Prevention
- Slips/Trips/Falls
- Medic 1st Aid/CPR/AED
- Bloodborne Pathogens

## 40 Hour New Hire

### 40 HOUR COURSE:

#### Day One:

*Same as 24 Hour*

#### Day Two:

*Same as 24 Hour*

#### Day Three:

*Same as 24 Hour*

#### Day Four:

- Environmental Awareness
- NORM
- Frac Tank Ventilation Flange
- V-Door Pipe Stop
- Nitrogen Safety
- Boom Truck & Crane Safety
- Explosives & Radiation Awareness
- Forklift Safety

#### Day Five:

- Power Hand Tool Safety
- Welding Safety
- Confined Space
- Lockout/Tagout